

Heart of Sole: Correction to Vol. 2, p.185

In *Kiiko Matsumoto's Clinical Strategies Vol 2*, p. 185 shows an incorrect illustration of the bottom of the foot depicting the "Heart of Sole" point and Kidney 1 (Illustration 173). The text also incorrectly describes Heart of Sole as being located "one half inch to one inch below Kid1." Both the text and the illustration mistakenly reverse the location of these two points. Kidney 1 should be depicted at its traditional location in the depression approximately one third of the distance between the base of the second toe and the heel; Heart of Sole is the more distally located point (closer to the toes) in the illustration. Ling Shu Chapter 10 describes the Kidney meridian as beginning at the little toe (opposite BL 67), then crossing to the Heart of Sole. From there the channel then reaches Kidney 1 at the depression one half to one inch below the Heart of Sole.

